

# ANNDREA PLOEGER



## CONTACT

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## EDUCATION

### UNIVERSITY OF WISCONSIN-SUPERIOR

MFA / Non-Western Art  
2012

### UNIVERSITY OF CENTRAL OKLAHOMA

BFA.ED / K-12  
2006

### UNIVERSITY OF CENTRAL OKLAHOMA

BFA / Formation Arts  
2006

## ART BUSINESSES

### ALCHEMY

2021-2025

### ANNDREA'S ART

2009-2025

### BLUE ARROW BOUTIQUE

### BLUE.

2014-2024

## ABOUT ME

I am a multimedia artist, educator, and metaphysical practitioner based in Superior, WI. As the founder of Free Spirit Sanctuary and owner of ALCHEMY, I create immersive experiences where art, nature, and personal transformation intersect. I have been practicing aura photography for four years, using color, light, and intuitive symbolism to help people reconnect with the beauty and energy they carry. My mission is rooted in accessibility, empowerment, and the healing potential of art-the seen and unseen (metaphysical)

## EXPERIENCE

### ARTISTIC SKILLS / MEDIA

- Acrylic
- Watercolor
- Mural
- Mixed Media
- Photography
- Fibers
- Weaving
- Metals
- Ceramics
- Book Binding
- Papermaking
- Dying
- Batik
- Graphic Design

### METAPHYSICAL SKILLS

- Aura Photopgraphy
- Animal Speak Clearing
- Opening, & Closing
- Color Therapy
- Empath
- Feng Shui
- Handwriting Analysis
- Home Magic
- Reiki
- Rocks & Gemstones
- Numerology
- Moon Magic
- Psychic "C's"
- Tarot
- The Secret

## PROFESSIONAL DEVELOPMENT

- |              |   |           |  |
|--------------|---|-----------|--|
| 2025         | Akashic Records, Level 1, In progress<br>Teri Uktena  | 2018      | Reiki, Level 1<br>Cassandra Bachtell / Reiki Moon                              |
| 2024         | Themes for Jupiter, Saturn, & Nodes<br>Natalie Walstein   |           | Energy Therapy<br>Kathy Bennett  |
| 2023         | Awaken Your Vision<br>Dougall Fraser  |           | Reiki, Level 1<br>Kathy Bennett  |
| 2022         | Cosmic Calling<br>Natalie Walstein  | 2009-2018 | Numerology<br>Diane Wood / Decode Life   |
| 2011-Present | GL&W Member<br>AZ & MN  | 2012      | Pyschic Development<br>Pychics in the Cities<br>Mediumship<br>James Van Praagh |
| 2018-Present | Astrology<br>Magic of i   | 2001      | Sound & Vibration<br>Joseph Rael (Beautiful Painted Arrow)                     |
| 2021         | Organize Your Energy<br>Dougall Fraser & Kerri Richardson   | 1998      | Intro. to Auras, Crystals, Dreams, & Animal Speak<br>Shop of Enlightenment     |
| 2020         | Astrology<br>Cho Hwang<br>Moon Magic<br>Kate Northrup<br>Magical Path of Numbers<br>Carrie Stiers |           |  |

You are  
magic  
ALCHEMY